



DR. RAM MANOHAR LOHIA INSTITUTE OF MEDICAL SCIENCES

VIBHUTI KHAND, GOMTI NAGAR, LUCKNOW 226010

A University established under the State Act-2015 (U.P. Act No. 41 of 2018)

Ref. No. 222 /Dean/Dr.RMLIMS/2026

Date- 24 /09/2026

Notice

Instructions to Phase-I MBBS 2026 Batch Students

1. MBBS Batch 2026 will commence from 05th October 2026.
2. Students will report to the hostels on 03th & 04th October 2026. (Instructions for hostel allotment will be available on Institute/Academic website)
3. Foundation course of MBBS Batch 2026 will be conducted from 05th October 2026 to 19th October 2026 in Lecture Theatre-5.
4. Regular classes of the above batch will be started from 21th October 2026 in Lecture Theatre-5 at 1st floor Academic block, Dr. RMLIMS Lucknow.
5. Instruction for Phase-I MBBS Batch 2026 students are attached herewith.


(Prof. (Dr.) Rajan Bhatnagar)
Dean
Dr. RMLIMS, Lucknow

Copy to: -

1. Director, Dr. RMLIMS.
2. Associate Dean (Academic), Dr. RMLIMS.
3. All HOD and U. G Co-ordinator (Phase-I), Dr. RMLIMS.
4. Controller of Examination, Dr. RMLIMS.
5. Chief Computer Programmer, Dr. RMLIMS.
6. Chief Warden (Girls & Boys) Hostel, Dr. RMLIMS.
7. Technofile, for above notice display on the Academic Portal, Dr. RMLIMS.
8. Student Whatsapp Group.
9. All Notice Board, Dr. RMLIMS.

Dean
Dr. Ram Manohar Lohia
Institute of Medical Sciences
Lucknow (UP) India

/

(Prof. (Dr.) Rajan Bhatnagar)
Dean
Dr. RMLIMS, Lucknow



Dr Ram Manohar Lohia Institute of Medical Sciences Lucknow

The Directors, Dean, Faculty and the staff congratulate you on securing admission to the prestigious Dr. Ram Manohar Lohia Institute of Medical Sciences, Lucknow.

Phase and Subjects covered-

1st Professional	:	Anatomy, Biochemistry, Physiology
2nd Professional	:	Pathology, Microbiology, Pharmacology
3rd Professional Part-I	:	Community Medicine, Forensic Medicine, E.N.T., Ophthalmology
3rd Professional Part-II	:	General Medicine, General Surgery, Obstetrics and Gynecology, Pediatrics

Timetable of 1st Professional

TIME/ DAY	LECTURE/LE CTURE DEMO	LECTURE/LE CTURE DEMO	PRACTICALS/TUTO RIALS		1300H – 1400H	DISSECTION/ LECTURE DEMO/DOAP/ SDL	LEC DEMO
	0900H – 0955H	0955H – 1100H	1100H – 1300H			1400 H – 1600H	1600H – 1700H
MON	PHYSIOLOGY	ANATOMY	BATCH-A AN		LUNCH	ANATOMY	ANATOMY
			BATCH-B PY				
			BATCH-C BIO				
TUE	BIOCHEMIST RY	ANATOMY	BATCH-B AN			ANATOMY	PHYSIOLOGY
			BATCH-C PY				
			BATCH-A BIO				
WED	ANATOMY	BIOCHEMIST RY	BATCH-C AN			PHYSIOLOGY	Physiology
			BATCH-A PY				
			BATCH-B BIO				
THU	ANATOMY	PHYSIOLOGY	BATCH-A AN			ANATOMY	BIOCHEMISTRY
			BATCH-B PY				
			BATCH-C BIO				
FRI	PHYSIOLOGY	PHYSIOLOGY	BATCH-B AN		ANATOMY	ANATOMY	
			BATCH-C PY				
			BATCH-A BIO				
SAT	08:00H-1100H		1100H-1200H (LECTURE)		12:00H-1400H		
	COMMUNITY MEDICINE		PHYSIOLOGY		BATCH-C AN		
					BATCH-A PY		
					BATCH-B BIO		
SUN	HOLIDAY						



Attendance

There shall be a minimum of 75% attendance in theory and 80% attendance in practical for eligibility to appear for the examinations in that subject. In subjects that are taught in more than one phase - the student must have 75% attendance in theory and 80% attendance in practical in each phase of instruction in that subject. There shall be a minimum of 75% attendance in AETCOM and minimum of 80% attendance in family visits under Family adoption program.

Vacations-

Summer vacation – 1 week

Diwali and Holi – 1 week

Preparatory leave- 2 week

Mentorship program

Mentor- Mentee program shall be carried out judiciously, with the ratio of 1 Mentor to 3 mentees. Mentor may be selected from all disciplines from the level of Professor/ HOD to Assistant Professor. Mentor shall be allotted his mentees during the foundation course itself from Phase 1. The mentee shall stay connected with the Mentor throughout his career till he completes CRMI. The senior batch students shall support the junior students and create a healthy sibling environment (instead of ragging).

Foundation Course-

Dr. RMLIMS shall organize admission timing and admission process in such a way that teaching in the phase I commences with induction through the Foundation Course at the beginning of academic year. The Foundation Course shall have a minimum of 75% attendance of all students mandatorily. This will be certified by the Principal/Dean of the college.

Foundation course of MBBS Batch 2026 will be conducted from 05th October 2026 to 19th October 2026 in Lecture Theatre-5.

Regular Class-

Regular Class will be started on 21st October 2026 in Lecture Theatre-5 at 1st floor Academic Block, Dr. RMLIMS Lucknow.

Fresher's Day-

To welcome the first year MBBS students to Dr. RMLIMS, Lucknow family, a Fresher's Day celebration will be within two months after the admission.



DRESS CODE FOR STUDENTS

It is mandatory for all students to wear uniform in college campus and hospital.

Uniform-

BOYS: White shirt and grey trousers, black formal shoes with Pullover/Blazer in winter

GIRLS: Grey kurta with sleeves and white salwar with white dupatta, black shoes or bellies, Pullover/Blazer in winter

For Boys

1 Winter Dress

- Trousers/Full sleeves shirts with Pullover/Blazer.
- Black Shoes with laces. No Sandals allowed.

2. Summer Dress

- Trousers with tucked in Full/ Half Sleeves Shirt.
- Black Shoes with laces.

For Girls

1. Winter Dress

- Salwar Kameez with Dupatta, Pullover/Blazer.
- Black Shoes with or without laces (No Sandals are allowed).

2. Summer Dress

- Salwar Kameez with Dupatta.
- Black Shoes with or without laces.

Mandatory Instruction-

1. Students should come to attend the college/ clinics in decent professional attire (Formal Cloths).
2. Wearing Chappals/Sport Shoes/ Caps/Jeans/T-Shirts is not allowed.
3. It is mandatory to wear a clean, well ironed Apron while in the college & hospital.
4. Boys should shave everyday (any religious binding is exempted) and maintain personal hygiene.



**IMPORTANT UPDATE REGARDING PRESCRIBED TEXTBOOKS AND GENERAL
INFORMATION FOR MBBS BATCH 2026-27**

Department of Anatomy

I. Books recommended for 1st year MBBS students

Text books:

1. Gross Anatomy

Inderbir Singh's/ Vishram Singh's Textbook of Anatomy 4th ed (Vol. I, II & III)/Competency Based BD Chaurasia Human Anatomy Regional and Applied 11th edition

Yogesh Sontakke Textbook of Gross anatomy (Vol. I-V)

Cunningham's manual of Practical Anatomy (Vol. I, II & III)

2. Histology

Inderbir Singh's Textbook of Human Histology/GP Pal Textbook

of Histology/Textbook of Human Histology Yogesh Sontakke

3. Neuroanatomy

Inderbir Singh's/ Vishram Singh's Textbook of Human

Neuroanatomy/Vol 6 Brain by Yogesh Sontakke

Illustrated Textbook of Neuroanatomy: G P Pal

4. Embryology

Langman's Medical Embryology:TW Sadler/ Textbook of Human- Embryology Yogesh Sontakke

5. Genetics

Medical Genetics: G P Pal/Human Genetics by Gangane 7th ed

6. General Anatomy

Vishram Singh, 3rd Ed/ BDC Handbook of General Anatomy 8th ed

7. Osteology

Human Osteology NA Faruqi 4th ed

Reference books:

1. Clinical Anatomy by Regions: Richard Snell

2. Moore's Clinically oriented Anatomy (Vol. I, II & III)

3. Lee McGregor's Synopsis of Surgical Anatomy. 12th Edition

4. Gray's Anatomy for students: 5th South Asia edition

5. Last's Anatomy 12th : Sinnathamby

6. Grants Method of Anatomy, 14th Edition: Basmajian

7. Gray's Clinical Photographic Dissector of the Human Body by Loukas

8. Basic Histology Text & Atlas, 13th Edition: Junqueira

9. Atlas of Histology with functional correlation. International Edition 13th Edition: Di Fiore's

10. Before we are born: Essentials of Embryology & Birth Defects. 9th Edition: Moore, Persaud

11. Clinical Neuroanatomy 6th Edition: Snell

12. Atlas of Anatomy, 3rd Edition: Anne M. Gilroy, Lawrence M. Ross

13. Early Clinical Exposure: A new outlook on Clinical Anatomy by Reddy 1st ed



Practical Manuals and Log Book will be provided by the Department.

II. Dissection Instruments

Dissection kit should include:

1. Scalpel with Blade no. 11 and 23
2. Forceps (2): toothed, pointed & non-toothed (medium size)
3. Scissors (2): blunt & sharp (small)
4. Mounted needle
5. Brush
6. Inch tape

III. Stationery

Students should have the following stationery with them:

Registers

Histology (H & E pencils)

Color pencils (Faber Castell)

IV. Instructions to Students:

1. Punctuality and discipline should be maintained by the students at all times.
2. Students should be dressed in formals (boys: collared shirt and dark colored trousers with formal shoes; girls: suit – salwar with dupatta and shoes)
3. T-shirts, jeans, leggings, sleeve-less dresses, sport shoes are not allowed for both boys and girls.
4. Students are advised to tie their loose hair back.
5. Students are expected to wear a white long sleeved, knee length apron.
6. Students should have their own dissection kit and gloves.
7. Gloves should be thrown into the trash can after use and should not be reused.
8. Students should bring their gross anatomy and histology manuals daily to respective labs.



Department of Physiology

Textbooks of Medical Physiology

Book Title	Author(s)	Latest Edition	Publisher
Guyton and Hall Textbook of Medical Physiology	John E. Hall, Michael E. Hall	4th South Asian Edition	Elsevier
Ganong's Review of Medical Physiology	Kim E. Barrett, Susan M. Barman, Heddwen L. Brooks, Jason X.-J. Yuan	27th Edition	McGraw Hill
Lippincott Illustrated Reviews: Physiology	Robin R. Preston, Thad E. Wilson	3rd Edition (Global/South Asian)	Wolters Kluwer
Principles of Medical Physiology	Sabyasachi Sircar	2nd Edition	Thieme Medical Publishers
Textbook of Medical Physiology	Indu Khurana, Arushi Khurana	4th Edition	Elsevier
Textbook of Medical Physiology	G. K. Pal	5th Edition	Elsevier
Textbook of Physiology	A. K. Jain	11th Edition	Arya Publishing Company
Textbook of Medical Physiology	D. Venkatesh, H. H. Sudhakar	4th Edition	Wolters Kluwer

Practical Books of Physiology

Book Title	Author(s)	Latest Edition	Publisher
Department Practical Manual	Dr. RMLIMS Faculty	N/A	Internal/Departmental Publication
Hutchison's Clinical Methods	Michael Glynn, William M. Drake	25th Edition	Elsevier
Textbook of Practical Physiology	G. K. Pal, Pravati Pal	6th Edition	Universities Press
Manual of Practical Physiology	A. K. Jain	7th Edition	Arya Publishing Company
A Textbook of Practical Physiology	C. L. Ghai	8th Edition	Jaypee Brothers Medical Publishers



Department of Biochemistry

Books recommended for 1st year MBBS students

Textbook:

1. Textbook of Medical biochemistry-**Dinesh Puri** 3rd Edition.
2. Textbook of Biochemistry- **Dr. S.K. Gupta** 2nd Edition.

Reference books:

1. Lippincott's Illustrated Reviews: Biochemistry (South Asian Edition)- Denise R. Ferrier & SAE Editors.
2. Harper's Illustrated Biochemistry/Lehninger Principles of Biochemistry/Stryer's Biochemistry..



Information of Anti Ragging Squad

1. Dr. RMLIMS is a ragging-free campus. In case of any problem students can contact any members of the anti-ragging squad.

S.No.	Name of Members Anti Ragging Squad	Designation	Role in Squad	Contact No.
1.	Dr. Rudramani	Professor Junior Grade Department of General Surgery	Member	9568931525
2.	Dr. Rohit Srivastava	Professor Junior Grade Department of General Surgery	Member	9451489559
3.	Dr. A. Qadir Jalani	Associate Professor Department of Psychiatry	Member	8115935044
4.	Dr. Saumya agarwal	Associate Professor Department of Dermatology	Member	9899985875
5.	Dr. Reena Rani	Associate Professor Department of Biochemistry	Member	9897077665
6.	Dr. Sarv Jeet Verma	Associate Professor Department of Anesthesiology	Member	9557902505
7.	Dr. Sunny	Associate Professor Department of Anesthesiology	Member	8259064008
8.	Dr. Mrityunjaya Singh	Assistant Professor Department of Respiratory Medicine	Member	9071141611
9.	Dr. Pradeep Yadav	Assistant Professor Department of Forensic Medicine	Member	9410662955
10	Dr. Garima Adhulia	Assistant Professor Department of Pharmacology	Member	9554808572
11	Dr. Sonam Singh	Assistant Professor Department of Anatomy	Member	8864985989
12	Mr. Ashish Kumar	Senior Administrative Assistant (8864985989)	Anti-Ragging Control Room (Helpline) Office Assistant	

2. The squad will have vigil, oversight and patrolling functions. It shall be mobile, alert and active always and is empowered to inspect places of potential ragging and make surprise raids on hostels and other hot spots. The Squad shall investigate incidents of ragging and make recommendations to the Anti-Ragging Committee and shall work under the overall guidance of the Anti-Ragging Committee. (In accordance with letter no.373/Dean/C-/RMLIMS/2025 dated 21/01/2025).

Administrative action in the event of ragging. -

1. The institution shall punish a student found guilty of ragging after following the procedure and in the manner prescribed hereinunder:
 - The Anti-Ragging Committee of the institution shall take an appropriate decision, regarding punishment or otherwise, depending on the facts of each incident of ragging and nature and



gravity of the incident of ragging established in the recommendations of the Anti-Ragging Squad.

- The Anti-Ragging Committee may, depending on the nature and gravity of the guilt established by the Anti-Ragging Squad, award, to those found guilty, one or more of the following punishments, namely.
 - a. Suspension from attending classes and academic privileges.
 - b. Withholding/ withdrawing scholarship/ fellowship and other benefits.
 - c. Debarring from appearing in any test/ examination or other evaluation process.
 - d. Withholding results.
 - e. Debarring from representing the institution in any regional, national or international meet, tournament, youth festival, etc.
 - f. Suspension/ expulsion from the hostel.
 - g. Cancellation of admission.
 - h. Rustication from the institution for period ranging from one to four semesters.
 - i. Expulsion from the institution and consequent debarring from admission to any other institution for a specified period. Provided that where the persons committing or abetting the act of ragging are not identified, the institution shall resort to collective punishment.
- 2. An appeal against the order of punishment by the Anti-Ragging Committee shall lie,
 - a. in case of an order of an institution, affiliated to or constituent part, of a university, to the Vice-Chancellor of the University.
 - b. in the case of an order of a university, to its Chancellor.
 - c. in case of an institution of national importance created by an Act of Parliament, to the Chairman or Chancellor of the institution.
- 3. Where an institution, being constituent of, affiliated to or recognized by a university, fails to comply with any of the provisions of these Regulations or fails to curb ragging effectively, such University may take any one or more of the following actions, namely.
 - a. Withdrawal of affiliation/recognition or other privileges conferred.
 - b. Prohibiting such an institution from presenting any student or students then undergoing any program of study therein for the award of any degree/diploma of the University. Provided that where an institution is prohibited from presenting its students or students, the Commission shall make suitable arrangements for the other students to ensure that such students are able to pursue their academic studies.
 - c. Withholding grants allocated to it by the university, if any
 - d. Withholding any grants channelized through the university to the institution.
 - e. Any other appropriate penalty within the powers of the university.
- 4. Where in the opinion of the appointing authority, a lapse is attributable to any member of the faculty or staff of the institution, in the matter of reporting or taking prompt action to prevent an incident of ragging or who display an apathetic or insensitive attitude towards complaints of ragging, or who fail to take timely steps, whether required under these Regulations or otherwise, to prevent an incident or incidents of ragging, then such authority shall initiate departmental disciplinary action, in accordance with the prescribed procedure of the institution, against such member of the faculty or staff.
 - a. Provided that where such lapse is attributable to the Head of the institution, the authority designated to appoint such Head shall take such departmental disciplinary action; and such action shall be without prejudice to any action that may be taken under the penal laws for abetment of ragging for failure to take timely steps in the prevention of ragging or punishing any student found guilty of ragging.



- b. The Commission shall, in respect of any institution that fails to take adequate steps to prevent ragging or fails to act in accordance with these Regulations or fails to punish perpetrators or incidents of ragging suitably, take one of more of the following measures, namely.
- Withdrawal of declaration of fitness to receive grants under section 12B of the Act.
 - Withholding any grant allocated.
 - Declaring the institution ineligible for consideration for any assistance under any of the general or special assistance programs of the Commission.
 - Informing the public, including potential candidates for admission, through a notice displayed prominently in the newspapers or other suitable media and posted on the website of the Commission, declaring that the institution does not possess the minimum academic standards.
 - Taking such other action within its powers as it may deem fit and impose such other penalties as may be provided in the Act for such a duration of time as the institution complies with the provisions of these Regulations.
 - Provided that the action taken under this clause by the Commission against any institution shall be shared with all Councils.

SAY NO TO RAGGING
YES TO JOYFUL CAMPUS

Download **ANTI RAGGING** App

What is Ragging?
Any Act Resulting in:
• Mental/physical/social Abuse
• Verbal Abuse
• Indecent Behaviour
• Criminal Intimidation/sexual Retort
• Undermining Human Dignity
• Financial Exploitation/extortion
• Use of Force

Ministry of Education
Government of India

University Grants Commission
Quality Higher Education for All

Foolishly I ragged & got suspended
Will I get prosecuted?
What about my Job prospects?

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MY FUTURE IS A BIG ?

Remember RAGGING is for LOSERS
Visit UGC Website i.e. www.ugc.ac.in & www.anti-ragging.in to see UGC Anti Ragging Regulations.
Are You Being Ragged?
Immediately call UGC Anti Ragging Helpline: 1800-100-5522 (24x7 Toll Free)
Or Visit on Line at www.anti-ragging.in

Ministry of Education
Government of India

University Grants Commission
Quality Higher Education for All

DON'T RAG, JUST INTERACT

Visit UGC website i.e. www.ugc.ac.in & www.anti-ragging.in to see UGC Anti Ragging Regulations

Are you being ragged ?
Immediately call UGC Anti Ragging Helpline: 1800-100-5522 (24x7 Toll Free)
Or send an e-mail to helpline@anti-ragging.in

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RAGGING IN AN INSTITUTION IS PUNISHABLE

Join hands to make your campus ragging free

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Government of India

University Grants Commission
Quality Higher Education for All

SAY NO TO RAGGING

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BEFORE YOU EVEN THINK OF RAGGING

THINK OF

- Humiliation
- Suspension
- Blacklisting
- Ruined Career
- Expulsion
- Possible Prosecution

Don't just stand and watch. Stop Ragging! Show Character

Remember RAGGING is for LOSERS
Visit UGC Website i.e. www.ugc.ac.in & www.anti-ragging.in to see UGC Anti Ragging Regulations.
Are You Being Ragged?
Immediately call UGC Anti Ragging Helpline: 1800-100-5522 (24x7 Toll Free)
Or Visit on Line at www.anti-ragging.in

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University Grants Commission
Quality Higher Education for All

Dr. Rashmi Kumari

(Dr. RMLIMS, LUCKNOW)

Sub-Dean
Anti-Ragging Committee
Dr. RMLIMS, Lucknow